

PE Long Term Plan

	(2 lessons j	per week 1	delivered by	the class	teacher and 1	l delivered by	HLTA as PPA cover)
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= Class	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	EYFS Me and myself Reception Forest school	EYFS Movement and development EYFS Dance	EYFS Throwing and catching EYFS fitness	EYFS Ball skills EYFS Dance	EYFS Fun and games Reception Forest school	EYFS Working with others EYFS Fitness
Cycle A	<u>Yr 1 & 2 Forest school</u>	<u>Football</u>	<u>Tennis</u>	<u>Dodgeball</u>	<u>Yr 1 & 2 Forest school</u>	<u>Orienteering</u>
	Gymnastics	Dance	Fitness	Hockey	Cricket	Athletics
Cycle B	Yr 1 & 2 Forest school	<u>Fitness</u>	<u>Hockey</u>	<u>Athletics</u>	Yr 1 & 2 Forest school	<u>Cricket</u>
	Dodgeball	Dance	Gymnastics	Football	Orienteering	Tennis
	<u>Games</u> <u>(Invasion - Football)</u>	Yr 3 & 4 Forest school	Swimming	<u>Swimming</u> <u>Yr 3 & 4 Forest school</u>	<u>Games</u> <u>(Target games - Dodgeball)</u>	<u>Games</u> <u>(Striking & Fielding - Cricket)</u>
Cycle A	Games (Invasion - Hockey)	Dance 3/Fitness	Gymnastics 3	Games (Invasion – Tag rugby)	OAA 3	Athletics 3
	<u>Games</u> <u>(Net & Wall – Tennis)</u>	Yr 3 & 4 Forest school	Swimming	<u>Swimming</u> <u>Yr 3 and 4 Forest school</u>	<u>Games</u> (Invasion – Basketball)	<u>Games</u> (Striking & Fielding - Rounders)
Cycle B	Games (Invasion – Netball)	Games (Invasion – Handball)	Gymnastics 4	Dance 4/Fitness	OAA 4	Athletics 4
	<u>Games</u> (Invasion - Tag rugby)	<u>Fitness 5 & 6</u>	<u>Yr 5 & 6 Forest school</u>	<u>Games</u> <u>(Invasion - Football)</u>	Athletics 5 & 6	<u>Yr 5 & 6 Forest school</u>
Cycle A	Games (Net and Wall - Volleyball)	Gymnastics 5	Dance 5	Games (Net & Wall - Badminton)	Games (Invasion - Hockey)	Games (Striking & Fielding - Cricket)
	<u>Games</u> <u>(Invasion - Netball)</u>	<u>Dance 6</u>	<u>Yr 5 & 6 Forest school</u>	<u>Games</u> (Target games - Dodgeball)	<u>OAA 5 & 6</u>	<u>Yr 5 & 6 Forest school</u>
Cycle B	Games (Invasion - Basketball)	Games (Net & Wall games – Volleyball)	Gymnastics 6	Games (Invasion games – Handball)	Games (Net & Wall - Tennis)	Games (Striking & Fielding - Rounders)
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