

Heptonstall School Menu

Provided by Scout Road Academy



Jacket Potatoes available daily

	Monday	Tuesday	Wednesday	Thursday	Friday
Protein Selection (Dishes marked with * have extra vegetables blended in)	Meatballs in Tomato Sauce Pasta with Tomato Sauce & Cheese (V)	Cheese & Ham Puff Veggie Sausage Casserole (V)	Roast Gammon & Gravy Veggie Filled Yorkshire Pudding (V)	Oven-baked Fish Fingers Cheese Omelette (V)	Roast Chicken Wrap Vegetarian Nugget Wrap (V)
Carbohydrate Selection	Spaghetti Garlic Bread	Potato Wedges	Roast Potatoes	Steamed Potatoes	Hand-cut Chips
Vegetable Selection	Salad Bar Garden Peas	Salad Bar Sweetcorn	Salad Bar Cauliflower & Broccoli	Salad Bar Carrots & Green Beans	Salad Bar Baked Beans
Sweet Selection (Fresh Fruit and Yoghurt available daily)	Assorted Homemade Baking	Rice Pudding Assorted Homemade Baking	Assorted Homemade Baking	Sponge & Custard	Choc Ices
Weeks Commencing: 22nd April		12th May	9th June	30th June	

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	Monday	Tuesday	Wednesday	Thursday	Friday
Protein Selection (Dishes marked with * have extra vegetables blended in)	Chinese Chicken Curry Vegetable Spring Rolls (V)	Breaded Fish Roast Vegetable Pasta (V)	Minced Beef Pie & Gravy Cheese Pasty (V)	Sausages & Gravy Vegetarian Sausage (V)	Margherita Pizza Pesto Pasta & Cheese (V)
Carbohydrate Selection	Rice Prawn Crackers	Potato Wedges	Roast Potatoes	Steamed Potatoes	Hand-cut Chips
Vegetable Selection	Salad Bar Garden Peas	Salad Bar Sweetcorn	Salad Bar Cauliflower & Broccoli	Salad Bar Carrots & Green Beans	Salad Bar Baked Beans
Sweet Selection (Fresh Fruit and Yoghurt available daily)	Assorted Homemade Baking	Rice Pudding Assorted Homemade Baking	Assorted Homemade Baking	Sponge & Custard	Cornflake Crispy Bun
Weeks Commencing: 28th April		19th May	16th June	7th July	

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	Monday	Tuesday	Wednesday	Thursday	Friday
Protein Selection (Dishes marked with * have extra vegetables blended in)	Bolognese Veggie Bolognese (V)	Sausage Roll Veggie Sausage & Yorkshire Pudding (V)	Roast Chicken & Gravy Macaroni Cheese (V)	Pepperoni & Cheese Wrap Pizza Puff (V)	Bacon Sandwich Egg Sandwich (V)
Carbohydrate Selection	Spaghetti Garlic Bread	Potato Wedges	Roast Potatoes	Garlic pasta	Hand-cut Chips
Vegetable Selection	Salad Bar Garden Peas	Salad Bar Green Beans & Carrots	Salad Bar Cauliflower & Broccoli	Salad Bar Sweetcorn	Salad Bar Baked Beans
Sweet Selection (Fresh Fruit and Yoghurt available daily)	Assorted Homemade Baking	Rice Pudding Assorted Homemade Baking	Assorted Homemade Baking	Sponge & Custard	Arctic Roll
Weeks Commencing: 6th May		2nd June	23rd June	14th June	

Menus may be subject to change at short notice due to produce availability.