



PE Long Term Plan

(2 lessons per week 1 delivered by the class teacher and 1 delivered by HLTA as PPA cover)

<u>Underlined = Class teacher</u> <i>Italic = HLTA PPA cover</i>		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Acorns	EYFS	EYFS Me and myself Reception Forest school	EYFS Movement and development EYFS Dance	EYFS Throwing and catching EYFS fitness	EYFS Ball skills EYFS Dance	EYFS Fun and games Reception Forest school	EYFS Working with others EYFS Fitness
	Cycle A	<u>Yr 1 & 2 Forest school</u>	<u>Football</u>	<u>Tennis</u>	<u>Dodgeball</u>	<u>Yr 1 & 2 Forest school</u>	<u>Orienteering</u>
		<i>Gymnastics</i>	<i>Dance</i>	<i>Fitness</i>	<i>Hockey</i>	<i>Cricket</i>	<i>Athletics</i>
	Cycle B	<u>Yr 1 & 2 Forest school</u>	<u>Fitness</u>	<u>Hockey</u>	<u>Athletics</u>	<u>Yr 1 & 2 Forest school</u>	<u>Cricket</u>
		<i>Dodgeball</i>	<i>Dance</i>	<i>Gymnastics</i>	<i>Football</i>	<i>Orienteering</i>	<i>Tennis</i>
Sapling	Cycle A	<u>Games</u> <i>(Invasion - Football)</i>	<u>Yr 3 & 4 Forest school</u>	<u>Swimming</u>	<u>Swimming</u> <u>Yr 3 & 4 Forest school</u>	<u>Games</u> <i>(Target games - Dodgeball)</i>	<u>Games</u> <i>(Striking & Fielding - Cricket)</i>
		<i>Games</i> <i>(Invasion - Hockey)</i>	<i>Dance 3/Fitness</i>	<i>Gymnastics 3</i>	<i>Games</i> <i>(Invasion – Tag rugby)</i>	<i>OAA 3</i>	<i>Athletics 3</i>
	Cycle B	<u>Games</u> <i>(Net & Wall – Tennis)</i>	<u>Yr 3 & 4 Forest school</u>	<u>Swimming</u>	<u>Swimming</u> <u>Yr 3 and 4 Forest school</u>	<u>Games</u> <i>(Invasion – Basketball)</i>	<u>Games</u> <i>(Striking & Fielding - Rounders)</i>
		<i>Games</i> <i>(Invasion – Netball)</i>	<i>Games</i> <i>(Invasion – Handball)</i>	<i>Gymnastics 4</i>	<i>Dance 4/Fitness</i>	<i>OAA 4</i>	<i>Athletics 4</i>
Oak	Cycle A	<u>Games</u> <i>(Invasion - Tag rugby)</i>	<u>Fitness 5 & 6</u>	<u>Yr 5 & 6 Forest school</u>	<u>Games</u> <i>(Invasion - Football)</i>	<u>Athletics 5 & 6</u>	<u>Yr 5 & 6 Forest school</u>
		<i>Games</i> <i>(Net and Wall - Volleyball)</i>	<i>Gymnastics 5</i>	<i>Dance 5</i>	<i>Games</i> <i>(Net & Wall - Badminton)</i>	<i>Games</i> <i>(Invasion - Hockey)</i>	<i>Games</i> <i>(Striking & Fielding - Cricket)</i>
	Cycle B	<u>Games</u> <i>(Invasion - Netball)</i>	<u>Dance 6</u>	<u>Yr 5 & 6 Forest school</u>	<u>Games</u> <i>(Target games - Dodgeball)</i>	<u>OAA 5 & 6</u>	<u>Yr 5 & 6 Forest school</u>
		<i>Games</i> <i>(Invasion - Basketball)</i>	<i>Games</i> <i>(Net & Wall games – Volleyball)</i>	<i>Gymnastics 6</i>	<i>Games</i> <i>(Invasion games – Handball)</i>	<i>Games</i> <i>(Net & Wall - Tennis)</i>	<i>Games</i> <i>(Striking & Fielding - Rounders)</i>