



2BeSafe and the RSE curriculum

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Introduction

This document aims to show linkage between RSE and the 2BeSafe sessions. Many of the sessions have elements of coverage of the RSE curriculum. The sessions which have the most prominent links to the RSE curriculum are **shown in this document**. For each 2BeSafe session listed, a summary is included.

RSE curriculum

Families and people who care for me

Pupils should know:

- that families are important for children growing up because they can give love, security and stability
- the characteristics of healthy family life, commitment to each other, including in times of difficulty, protection and care for children and other family members, the importance of spending time together and sharing each other's lives
- that others' families, either in school or in the wider world, sometimes look different from their family, but that they should respect those differences and know that other children's families are also characterised by love and care
- that stable, caring relationships, which may be of different types, are at the heart of happy families, and are important for children's security as they grow up
- that marriage represents a formal and legally recognised commitment of two people to each other which is intended to be lifelong
- how to recognise if family relationships are making them feel unhappy or unsafe, and how to seek help or advice from others if needed

The above is not explicitly covered within 2BeSafe

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RSE curriculum

Caring friendships

Pupils should know:

- how important friendships are in making us feel happy and secure, and how people choose and make friends
- the characteristics of friendships, including mutual respect, truthfulness, trustworthiness, loyalty, kindness, generosity, trust, sharing interests and experiences and support with problems and difficulties
- that healthy friendships are positive and welcoming towards others, and do not make others feel lonely or excluded
- that most friendships have ups and downs, and that these can often be worked through so that the friendship is repaired or even strengthened, and that resorting to violence is never right
- how to recognise who to trust and who not to trust, how to judge when a friendship is making them feel unhappy or uncomfortable, managing conflict, how to manage these situations and how to seek help or advice from others, if needed

2BeSafe Content – YR, 1 & 2

| | Year R | Year 1 | Year 2 |
|-------------------------|--|---|--------|
| Self-Image and Identity | Year R – Self-Image and Identity (1 of 1) – Discusses how to say 'no' to situations that cause discomfort or sadness | Year 1 – Self-Image and Identity (1 of 2) – Covers positive and negative interactions and feelings in friendships | |
| Online Relationships | | | |
| Online Reputation | | | |
| Online Bullying | Year R – Online Bullying (1 of 2) – Describes ways some people can be unkind online Year R – Online Bullying (2 of 2) – Provides examples of how being unkind online can make others feel | Year 1 – Online Bullying (1 of 1) – Teaches how to behave in a kind manner online | |

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| | | | |
|---------------------------------|--|--|--|
| Health, Wellbeing and Lifestyle | | | |
| Privacy and Security | | | |
| Managing Online Information | | | |
| Copyright and Ownership | | | |

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2BeSafe Content – Year 3 & 4

| | Year 3 | Year 4 |
|---------------------------------|--|---|
| Self-Image and Identity | Year 3 – Self-Image and Identity (2 of 3) – Discusses positive ways to interact with others online and how this affects perceptions | |
| Online Relationships | Year 3 – Online Relationships (5 of 6) – Explains how someone's feelings can be hurt by what is said or written online | |
| Online Reputation | | |
| Online Bullying | Year 3 – Online Bullying (1 of 2) – Describes appropriate ways to behave towards others online and why it is important | Year 4 – Online Bullying (1 of 3) – Helps recognize when someone is upset, hurt, or angry online |
| Health, Wellbeing and Lifestyle | | |
| Privacy and Security | | |
| Managing Online Information | | |
| Copyright and Ownership | | |

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2BeSafe Content – Year 5 & 6

| | Year 5 | Year 6 |
|---------------------------------|--|--|
| Self-Image and Identity | Year 5 – Self-Image and Identity (2 of 2) – Covers making responsible choices about online identity depending on context | |
| Online Relationships | Year 5 – Online Relationships (5 of 5) – Demonstrates how to support others, including those experiencing difficulties online | Year 6 – Online Relationships (2 of 4) – Discusses the importance of setting and respecting online boundaries Year 6 – Online Relationships (4 of 4) – Explains how taking or sharing inappropriate images may have an impact and who to talk to for help |
| Online Reputation | | |
| Online Bullying | Year 5 – Online Bullying (2 of 6) – Explains how playful teasing (banter) can be perceived as bullying | |
| Health, Wellbeing and Lifestyle | | |
| Privacy and Security | | |
| Managing Online Information | | |
| Copyright and Ownership | | |

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RSE curriculum

Respectful relationships

Pupils should know:

- the importance of respecting others, even when they are very different from them (for example, physically, in character, personality or backgrounds), or make different choices or have different preferences or beliefs
- practical steps they can take in a range of different contexts to improve or support respectful relationships
- the conventions of courtesy and manners
- the importance of self-respect and how this links to their own happiness
- that in school and in wider society they can expect to be treated with respect by others, and that in turn they should show due respect to others, including those in positions of authority
- about different types of bullying (including cyberbullying), the impact of bullying, responsibilities of bystanders (primarily reporting bullying to an adult) and how to get help
- what a stereotype is, and how stereotypes can be unfair, negative or destructive
- the importance of permission-seeking and giving in relationships with friends, peers and adults

2BeSafe Content – YR, 1 & 2

| | Year R | Year 1 | Year 2 |
|-------------------------|--------|---|---|
| Self-Image and Identity | | Year 1 – Self-Image and Identity (1 of 2) – Discusses treating others with respect, both online and offline. Covers online stereotypes and digital personas | Year 2 – Self-Image and Identity (2 of 2) – Highlights the impact of negative behaviours such as cyberbullying |
| Online Relationships | | Year 1 – Online Relationships (3 of 4) – Explains the importance of being kind online and respecting others' choices Year 1 – Online Relationships (4 of 4) – Discusses how different people perceive online content differently and the importance of understanding varying reactions | Year 2 – Online Relationships (5 of 7) – Identifies who can help if something is shared online without consent Year 2 – Online Relationships (6 of 7) – Explains how ignoring permission before sharing information online can impact others |

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| | | | |
|-------------------|--|--|---|
| Online Reputation | | | Year 2 – Online Reputation (2 of 3) – Explains the importance of consent before sharing information about others online |
|-------------------|--|--|---|

| | | | |
|---------------------------------|--|--|---|
| Online Bullying | | | <p>Year 2 – Online Bullying (1 of 3) – Explains what bullying is, different types of bullying, and how bullying can make someone feel</p> <p>Year 2 – Online Bullying (2 of 3) – Emphasizes that anyone experiencing bullying is not to blame</p> |
| Health, Wellbeing and Lifestyle | | <p>Year 1 – Health, Well-being and Lifestyle (1 of 1) – Explains rules to keep safe when using technology at home and beyond</p> | <p>Year 2 – Health, Well-being and Lifestyle (1 of 1) – Provides guidance on using technology safely in different environments</p> |
| Privacy and Security | | <p>Year 1 – Privacy and Security (2 of 2) – Discusses who is trustworthy to share personal information with and why they are trusted</p> | |
| Managing Online Information | | <p>Year 1 – Managing Information Online (2 of 3) – Teaches that online content can be real, fake, or intended as a joke, and how to recognize dishonest information</p> | <p>Year 2 – Managing Information Online (4 of 5) – Explains the difference between imaginary and real information online</p> <p>Year 2 – Managing Information Online (5 of 5) – Discusses why some online information may not be real or true</p> |
| Copyright and Ownership | | <p>Year 1 – Copyright and Ownership (2 of 4) – Explains why a person's work belongs to them and how to recognize ownership</p> | <p>Year 2 – Copyright and Ownership (2 of 2) – Describes why other people's work belongs to them and reinforces the importance of respecting ownership</p> |

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2BeSafe Content – Year 3 & 4

| | Year 3 | Year 4 |
|---------------------------------|--|--|
| Self-Image and Identity | Year 3 – Self-Image and Identity (2 of 3) – Discusses how positive online interactions influence how others perceive you | |
| Online Relationships | Year 3 – Online Relationships (6 of 6) – Explains the importance of giving and gaining permission before sharing things online | Year 4 – Online Relationships (2 of 3) – Explains how to be respectful online and recognise healthy vs. unhealthy online behaviours Year 4 – Online Relationships (3 of 3) – Discusses how content shared online may impact other people's thoughts, feelings, and beliefs |
| Online Reputation | Year 3 – Online Reputation (2 of 3) – Explains the importance of being careful before sharing personal information online | Year 4 – Online Reputation (2 of 2) – Describes how online information can be created, copied, or shared by others |
| Online Bullying | Year 3 – Online Bullying (2 of 2) – Gives examples of online bullying behaviour and how to seek support | Year 4 – Online Bullying (2 of 3) – Describes how people can be bullied through different media, such as text, video, images, and chat Year 4 – Online Bullying (3 of 3) – Explains the importance of thinking carefully about online content and its impact on others and one's reputation |
| Health, Wellbeing and Lifestyle | | |
| Privacy and Security | | Year 4 – Privacy and Security (2 of 3) – Explains why information should only be shared with trusted individuals and what to do if feeling pressured |
| Managing Online Information | Year 3 – Managing Information Online (5 of 6) – Explains that not all opinions shared online may be accepted as true or fair by others | Year 4 – Managing Online Information (4 of 6) – Explains that widespread beliefs or opinions online do not make them true |
| Copyright and Ownership | Year 3 – Copyright and Ownership (1 of 1) – Explains why copying someone else's work from the internet without permission is unfair and the problems it may cause | |

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2BeSafe Content – Year 5 & 6

| | Year 5 | Year 6 |
|---------------------------------|--|--|
| Self-Image and Identity | | Year 6 – Self-Image and Identity (1 of 3) – Covers evaluating online content relating to gender, race, religion, and other social groups |
| Online Relationships | Year 5 – Online Relationships (3 of 5) – Describes how people participate in online communities and make positive contributions | Year 6 – Online Relationships (2 of 4) – Explains how to be kind and show respect for others online, including respecting boundaries |
| Online Reputation | | Year 6 – Online Reputation (2 of 2) – Explains strategies to protect one's digital personality and reputation, including degrees of anonymity |
| Online Bullying | Year 5 – Online Bullying (1 of 6) – Differentiates between online and offline bullying and their impacts Year 5 – Online Bullying (3 of 6) – Explains how to seek help if experiencing online bullying | Year 6 – Online Bullying (1 of 2) – Covers how to capture evidence of bullying, such as screenshots and URLs |
| Health, Wellbeing and Lifestyle | Year 5 – Health, Well-being and Lifestyle (3 of 4) – Discusses the importance of balancing online and offline sources when accessing health and well-being information Year 5 – Health, Well-being and Lifestyle (4 of 4) – Explains the risks of in-app purchases, loot boxes, and spending habits in digital environments | Year 6 – Health, Well-being and Lifestyle (1 of 4) – Describes common systems that regulate age-related content, such as PEGI and BBFC, and their purpose Year 6 – Health, Well-being and Lifestyle (2 of 4) – Discusses technology pressures, including peer pressure and social media influence, and strategies for managing them |
| Privacy and Security | Year 5 – Privacy and Security (2 of 3) – Explains how free apps collect and share private information, reinforcing the importance of trust when sharing data | |

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| | | |
|-----------------------------|---|---|
| Managing Online Information | <p>Year 5 – Managing Online Information (7 of 9) – Explains stereotypes, how they spread online, and how they influence opinions</p> | <p>Year 6 – Managing Online Information (3 of 11) – Describes how some online information is opinion-based and provides examples</p> <p>Year 6 – Managing Online Information (4 of 11) – Explains how people present opinions as facts and how popularity does not make information</p> <p>Year 6 – Managing Online Information (7 of 11) – Demonstrates how to analyse and evaluate the validity of ‘facts’ and why these strategies are important</p> <p>Year 6 – Managing Online Information (9 of 11) – Explains the difference between misinformation and disinformation</p> <p>Year 6 – Managing Online Information (10 of 11) – Describes why widely shared information may still be inaccurate and the role of misinformation and disinformation</p> |
| Copyright and Ownership | | <p>Year 6 – Copyright and Ownership (2 of 2) – Demonstrates how to make references to and acknowledge sources used from the internet</p> |

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RSE curriculum

Online relationships

Pupils should know:

- that people sometimes behave differently online, including by pretending to be someone they are not
- that the same principles apply to online relationships as to face-to-face relationships, including the importance of respect for others online including when we are anonymous
- the rules and principles for keeping safe online, how to recognise risks, harmful content and contact, and how to report them
- how to critically consider their online friendships and sources of information including awareness of the risks associated with people they have never met
- how information and data is shared and used online

2BeSafe Content – YR, 1 &2

| | Year R | Year 1 | Year 2 |
|-------------------------|---|---|--|
| Self-Image and Identity | Year R – Self-Image and Identity (1 of 1) – Covers setting boundaries both online and offline | Year 1 – Self-Image and Identity (1 of 2) – Covers online privacy and the risks of sharing information | Year 2 – Self-Image and Identity (2 of 2) – Discusses when to seek help from trusted adults |
| Online Relationships | Year R – Online Relationships (1 of 2) – Identifies ways the internet can be used to communicate Year R – Online Relationships (2 of 2) – Provides examples of how technology can be used to communicate with known people | Year 1 – Online Relationships (1 of 4) – Covers the concept of permission and when to ask for it online Year 1 – Online Relationships (2 of 4) – Explores how to use the internet with adult support to communicate safely | Year 2 – Online Relationships (1 of 7) – Gives examples of online communication with unknown people and the risks involved Year 2 – Online Relationships (2 of 7) – Explains who to ask before sharing information online Year 2 – Online Relationships (3 of 7) – Describes ways to ask for, give, or deny permission online Year 2 – Online Relationships (4 of 7) – Explains the right to say ‘no’ or ask someone for help when pressured online |

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| | | | |
|---------------------------------|---|---|--|
| Online Reputation | Year R – Online Reputation (1 of 1) – Identifies ways in which information can be put on the internet | Year 1 – Online Reputation (1 of 2) – Recognises that information put online can stay there and be copied Year 1 – Online Reputation (2 of 2) – Describes what information should not be put online without asking a trusted adult | Year 2 – Online Reputation (1 of 3) – Explains how online information can last for a long time Year 2 – Online Reputation (2 of 3) – Describes how online information can be seen by others |
| Online Bullying | Year R – Online Bullying (1 of 2) – Introduces the concept of kindness and unkindness online | Year 1 – Online Bullying (1 of 1) – Highlights ways to communicate kindly online | Year 2 – Online Bullying (1 of 3) – Differentiates between verbal, physical, social, and cyberbullying |
| Health, Wellbeing and Lifestyle | Year R – Health, Well-being and Lifestyle (1 of 1) – Identifies rules to stay safe and healthy when using technology | Year 1 – Health, Well-being and Lifestyle (1 of 1) – Explains rules to keep safe when using technology at home and beyond | Year 2 – Health, Well-being and Lifestyle (1 of 1) – Provides guidance on using technology safely in different environments |
| Privacy and Security | Year R – Privacy and Security (1 of 2) – Identifies examples of personal information such as name, age, birthday, and location | Year 1 – Privacy and Security (3 of 3) – Explains why it is important to ask a trusted adult before sharing personal information online | Year 2 – Privacy and Security (2 of 3) – Recognises more detailed examples of personal information, including school and family names |
| Managing Online Information | Year R – Managing Information Online (1 of 2) – Introduces how the internet can be used to find information Year R – Managing Information Online (2 of 2) – Identifies devices that can be used to access information online | Year 1 – Managing Information Online (1 of 3) – Covers simple ways to find information using digital technologies like search engines and voice search | Year 2 – Managing Information Online (1 of 5) – Introduces using simple keywords in search engine Year 2 – Managing Information Online (3 of 5) – Explains voice-activated searching and how it works |
| Copyright and Ownership | Year R – Copyright and Ownership (1 of 2) – Introduces the concept that work created by an individual belongs to them Year R – Copyright and Ownership (2 of 2) – Teaches naming work to indicate ownership | Year 1 – Copyright and Ownership (1 of 4) – Explains why work created using technology belongs to its creator Year 1 – Copyright and Ownership (3 of 4) – Covers saving work under a suitable name to show ownership | Year 2 – Copyright and Ownership (1 of 2) – Teaches that online content may belong to others and how to recognize ownership |

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2BeSafe Content – Year 3 & 4

| | Year 3 | Year 4 |
|---------------------------------|---|--|
| Self-Image and Identity | Year 3 – Self-Image and Identity (3 of 3) – Explores reasons why someone might change their identity online and the implications | Year 4 – Self-Image and Identity (3 of 3) – Explains how people might impersonate others online and the reasons behind it |
| Online Relationships | <p>Year 3 – Online Relationships (1 of 6) – Describes ways people with similar interests can connect online</p> <p>Year 3 – Online Relationships (2 of 6) – Explains what it means to ‘know someone’ online and how it differs from knowing someone offline</p> <p>Year 3 – Online Relationships (3 of 6) – Differentiates between ‘trusting someone online’ and ‘liking someone online’</p> <p>Year 3 – Online Relationships (4 of 6) – Discusses why someone might change their mind about trusting others if they feel uncomfortable</p> | Year 4 – Online Relationships (1 of 3) – Provides strategies for safe and enjoyable online social experiences |
| Online Reputation | <p>Year 3 – Online Reputation (1 of 3) – Explains how to search for information about others online</p> <p>Year 3 – Online Reputation (3 of 3) – Explains who to ask if unsure about putting something online</p> | <p>Year 4 – Online Reputation (1 of 2) – Describes how to find out information about others by searching online</p> <p>Year 4 – Online Reputation (2 of 2) – Explains how online information could be created, copied, or shared</p> |
| Online Bullying | Year 3 – Online Bullying (1 of 2) – Encourages respectful online communication and kindness | Year 4 – Online Bullying (1 of 3) – Teaches how to recognize emotional distress in online interactions |
| Health, Wellbeing and Lifestyle | Year 3 – Health, Well-being and Lifestyle (2 of 2) – Explains why online activities have age restrictions and how to respond to pressure to access inappropriate content | <p>Year 4 – Health, Well-being and Lifestyle (1 of 2) – Explains how online technology can be both a positive and negative distraction</p> <p>Year 4 – Health, Well-being and Lifestyle (2 of 2) – Identifies when and why someone should limit their technology use and strategies for doing so</p> |

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| | | |
|-----------------------------|---|--|
| Privacy and Security | Year 3 – Privacy and Security (3 of 3) – Discusses how connected devices can collect and share personal information | <p>Year 4 – Privacy and Security (3 of 4) – Describes how online services seek consent to store personal information and who to ask when unsure</p> <p>Year 4 – Privacy and Security (4 of 4) – Explains the digital age of consent and its impact on online services</p> |
| Managing Online Information | <p>Year 3 – Managing Information Online (1 of 6) – Demonstrates how to use key phrases in search engines to gather accurate information</p> <p>Year 3 – Managing Information Online (2 of 6) – Explains what autocomplete is and how to choose the best suggestion</p> <p>Year 3 – Managing Information Online (3 of 6) – Covers how the internet is used for buying and selling goods</p> <p>Year 3 – Managing Information Online (4 of 6) – Differentiates between beliefs, opinions, and facts and explains how they are shared online</p> | <p>Year 4 – Managing Online Information (1 of 6) – Teaches how to analyse online information for accuracy and respect others' decisions</p> <p>Year 4 – Managing Online Information (2 of 6) – Explains how different technologies present information and how to judge its accuracy</p> <p>Year 4 – Managing Online Information (5 of 6) – Describes how AI and bots mimic human behaviour, including their benefits and risks</p> |
| Copyright and Ownership | | <p>Year 4 – Copyright and Ownership (1 of 2) – Explains why it is important to consider ownership when searching for content online</p> <p>Year 4 – Copyright and Ownership (2 of 2) – Provides examples of content that cannot be used without permission, such as videos, music, and images</p> |

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2BeSafe Content – Year 5 & 6

| | Year 5 | Year 6 |
|---------------------------------|---|--|
| Self-Image and Identity | Year 5 – Self-Image and Identity (1 of 2) – Covers how identity online can be copied, modified, or altered | |
| Online Relationships | <p>Year 5 – Online Relationships (1 of 5) – Explains different technology-specific forms of communication, such as emojis, memes, and GIFs.</p> <p>Year 5 – Online Relationships (2 of 5) – Recognises that some online interactions may be harmful and emphasizes that this is not the fault of the victim</p> <p>Year 5 – Online Relationships (3 of 5) – Describes constructive collaboration in online communities</p> | <p>Year 6 – Online Relationships (1 of 4) – Explains how sharing content online can have positive or negative impacts</p> <p>Year 6 – Online Relationships (3 of 4) – Describes how privately shared content can have unintended consequences, such as screen-grabs</p> <p>Year 6 – Online Relationships (4 of 4) – Discusses the impact of sharing inappropriate images, even with consent</p> |
| Online Reputation | Year 5 – Online Reputation (1 of 2) – Explains how to search for and summarise online information about individuals | <p>Year 6 – Online Reputation (1 of 2) – Discusses ways to build a positive online reputation</p> <p>Year 6 – Online Reputation (2 of 2) – Covers how online information can be used to form judgements, and why these might be incorrect</p> |
| Online Bullying | <p>Year 5 – Online Bullying (1 of 6) – Discusses how online bullying can be more anonymous and widespread than offline bullying.</p> <p>Year 5 – Online Bullying (2 of 6) – Highlights how different people may perceive online interactions differently</p> | Year 6 – Online Bullying (2 of 2) – Teaches how to report online bullying across various platforms |
| Health, Wellbeing and Lifestyle | <p>Year 5 – Health, Well-being and Lifestyle (1 of 4) – Describes how technology can positively and negatively affect health and well-being</p> <p>Year 5 – Health, Well-being and Lifestyle (2 of 4) – Provides strategies and tips for maintaining a healthy balance when using technology</p> | <p>Year 6 – Health, Well-being and Lifestyle (3 of 4) – Explains persuasive design features in apps, games, and websites that keep users engaged</p> <p>Year 6 – Health, Well-being and Lifestyle (4 of 4) – Assesses strategies to limit technology's impact on health, such as night-shift mode, regular breaks, posture, and sleep habits</p> |

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| | | |
|-----------------------------|--|---|
| Privacy and Security | Year 5 – Privacy and Security (3 of 3) – Covers app permissions, explaining why apps request access and how to manage these permissions | Year 6 – Privacy and Security (4 of 6) – Describes how to increase privacy on apps and services using privacy settings |
| Managing Online Information | <p>Year 5 – Managing Online Information (1 of 9) – Describes different search technologies and how they can limit presented information</p> <p>Year 5 – Managing Online Information (2 of 9) – Teaches the importance of being sceptical about information found online</p> <p>Year 5 – Managing Online Information (3 of 9) – Differentiates between adverts and organic search results</p> <p>Year 5 – Managing Online Information (6 of 9) – Identifies how online content can be commercially sponsored or boosted</p> | <p>Year 6 – Managing Online Information (1 of 11) – Explains how search engines work, including how results are ranked</p> <p>Year 6 – Managing Online Information (5 of 11) – Defines influence, persuasion, and manipulation and how they are used online</p> <p>Year 6 – Managing Online Information (6 of 11) – Introduces persuasive design and how it influences people’s choices</p> <p>Year 6 – Managing Online Information (8 of 11) – Explains how companies and news providers target people with online news stories</p> <p>Year 6 – Managing Online Information (9 of 11) – Differentiates between misinformation and disinformation and their impact</p> |
| Copyright and Ownership | <p>Year 5 – Copyright and Ownership (1 of 2) – Discusses assessing and justifying when it is acceptable to use someone else’s work</p> <p>Year 5 – Copyright and Ownership (2 of 2) – Explains how to find and use content that is permitted for reuse online</p> | Year 6 – Copyright and Ownership (1 of 2) – Demonstrates how to use search tools to find and access reusable online content |

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RSE curriculum

Being safe

Pupils should know:

- what sorts of boundaries are appropriate in friendships with peers and others (including in a digital context)
- about the concept of privacy and the implications of it for both children and adults; including that it is not always right to keep secrets if they relate to being safe
- that each person's body belongs to them, and the differences between appropriate and inappropriate or unsafe physical, and other, contact
- how to respond safely and appropriately to adults they may encounter (in all contexts, including online) whom they do not know
- how to recognise and report feelings of being unsafe or feeling bad about any adult
- how to ask for advice or help for themselves or others, and to keep trying until they are heard,
- how to report concerns or abuse, and the vocabulary and confidence needed to do so
- where to get advice, for example family, school or other sources

2BeSafe Content – YR, 1 & 2

| | Year R | Year 1 | Year 2 |
|-------------------------|--------|--|---|
| Self-Image and Identity | | | |
| Online Relationships | | Year 1 – Online Relationships (1 of 4) – Discusses why asking for permission before doing something online is important for safety Year 1 – Online Relationships (2 of 4) – Emphasises safe online communication with adult supervision | Year 2 – Online Relationships (5 of 7) – Covers what to do if something happens online without consent Year 2 – Online Relationships (7 of 7) – Emphasises asking a trusted adult before clicking 'yes', 'agree', or 'accept' online |
| Online Reputation | | | Year 2 – Online Reputation (2 of 3) – Discusses who to talk to if information is put online without consent or is incorrect |
| Online Bullying | | | Year 2 – Online Bullying (3 of 3) – Discusses ways to seek help if experiencing bullying |

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| | | | Year 2 – Online Bullying (2 of 3) – Reinforces that the person being bullied is not responsible for the bullying |
| Health, Wellbeing and Lifestyle | | Year 1 – Health, Well-being and Lifestyle (1 of 1) – Covers technology use rules for balance, eye health, and safety | Year 2 – Health, Well-being and Lifestyle (1 of 1) – Teaches how rules change depending on location and activity |
| Privacy and Security | Year R – Privacy and Security (2 of 2) – Explains who trusted people are and why we share information with them | Year 1 – Privacy and Security (1 of 3) – Explains that passwords protect information, accounts, and devices | Year 2 – Privacy and Security (1 of 4) – Discusses how passwords are used for online protection Year 2 – Privacy and Security (2 of 4) – Defines privacy and explains why some things should be kept private Year 2 – Privacy and Security (3 of 4) – Outlines rules for keeping personal information private, including username creation Year 2 – Privacy and Security (4 of 4) – Discusses smart devices, their connection to the internet, and privacy concerns |
| Managing Online Information | | Year 1 – Managing Information Online (3 of 3) – Discusses what to do if online content makes someone feel sad, uncomfortable, worried, or frightened, and how to seek help | Year 2 – Managing Information Online (2 of 5) – Demonstrates how to navigate a simple webpage using buttons, links, and tabs |
| Copyright and Ownership | | Year 1 – Copyright and Ownership (4 of 4) – Explains that copying someone else's work does not mean it belongs to the copier | Year 2 – Copyright and Ownership (1 of 2) – Reinforces that online content is owned by creators and should be respected |

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2BeSafe Content – Year 3 & 4

| | Year 3 | Year 4 |
|---------------------------------|--|--|
| Self-Image and Identity | <p>Year 3 – Self-Image and Identity (1 of 3) – Explains the concept of identity and how it can be shared online</p> <p>Year 3 – Self-Image and Identity (3 of 3) – Discusses why people might change their identity online and safety considerations</p> | <p>Year 4 – Self-Image and Identity (3 of 3) – Explains the risks of online impersonation and how to protect oneself</p> |
| Online Relationships | <p>Year 3 – Online Relationships (4 of 6) – Covers why people might change their trust in someone and how to stay safe</p> <p>Year 3 – Online Relationships (6 of 6) – Emphasises the principles of sharing online and respecting privacy</p> | |
| Online Reputation | <p>Year 3 – Online Reputation (2 of 3) – Covers the risks of sharing personal information and how to keep it private</p> <p>Year 3 – Online Reputation (3 of 3) – Discusses talking to a trusted adult before sharing online</p> | <p>Year 4 – Online Reputation (2 of 2) – Explores how online information might not be directly controlled by the individual</p> |
| Online Bullying | <p>Year 3 – Online Bullying (2 of 2) – Discusses ways to get support if experiencing online bullying</p> | <p>Year 4 – Online Bullying (3 of 3) – Covers the concept of digital footprints and how online actions affect personal reputation</p> |
| Health, Wellbeing and Lifestyle | <p>Year 3 – Health, Well-being and Lifestyle (1 of 2) – Discusses the negative impacts of excessive technology use on mood, sleep, body, and relationships</p> | <p>Year 4 – Health, Well-being and Lifestyle (2 of 2) – Covers strategies for limiting time spent online and its effects on health, well-being, and relationships</p> |
| Privacy and Security | <p>Year 3 – Privacy and Security (1 of 3) – Covers strategies for creating and keeping passwords private</p> <p>Year 3 – Privacy and Security (2 of 3) – Emphasises the importance of sharing personal information only with trusted people</p> | <p>Year 4 – Privacy and Security (1 of 4) – Describes strategies for keeping personal information private depending on context</p> <p>Year 4 – Privacy and Security (2 of 4) – Explains that internet use is monitored and never fully private</p> |
| Managing Online Information | <p>Year 3 – Managing Information Online (6 of 6) – Discusses how to seek help from a trusted adult when encountering upsetting online content</p> | <p>Year 4 – Managing Online Information (3 of 6) – Explains advertising techniques such as in-app purchases and pop-ups used to encourage spending online</p> |

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| | | Year 4 – Managing Online Information (6 of 6) – Defines fake news and explains why people create and spread it |
| Copyright and Ownership | Year 3 – Copyright and Ownership (1 of 1) – Covers the risks of using copyrighted content without permission and why fairness is important | Year 4 – Copyright and Ownership (1 of 2) – Introduces copyright law and how it applies to media such as text, images, and music |

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2BeSafe Content – Year 5 & 6

| | Year 5 | Year 6 |
|-------------------------|--|---|
| Self-Image and Identity | | <p>Year 6 – Self-Image and Identity (2 of 3) – Covers issues online that could make someone feel sad, worried, uncomfortable, or frightened and how to get help</p> <p>Year 6 – Self-Image and Identity (3 of 3) – Explains the importance of persistence in seeking help when needed</p> |
| Online Relationships | <p>Year 5 – Online Relationships (2 of 5) – Identifies harmful online interactions and reinforces that harm is not the victim's fault</p> <p>Year 5 – Online Relationships (4 of 5) – Teaches when and how to seek help when encountering problems online</p> | <p>Year 6 – Online Relationships (1 of 4) – Highlights risks associated with online sharing and the permanence of digital content</p> <p>Year 6 – Online Relationships (3 of 4) – Emphasizes the risks of sharing private information and how it can spread online</p> <p>Year 6 – Online Relationships (4 of 4) – Covers the consequences of sharing inappropriate images and the importance of reporting</p> |
| Online Reputation | Year 5 – Online Reputation (2 of 2) – Describes how online information can be used by others to form judgements | Year 6 – Online Reputation (2 of 2) – Outlines strategies to protect online reputation and digital personality |
| Online Bullying | <p>Year 5 – Online Bullying (4 of 6) – Identifies ways to report online bullying at school and at home</p> <p>Year 5 – Online Bullying (5 of 6) – Explains how to block abusive users on various platforms</p> <p>Year 5 – Online Bullying (6 of 6) – Describes helpline services such as Childline and The Mix</p> | <p>Year 6 – Online Bullying (1 of 2) – Covers gathering and saving evidence of online bullying</p> <p>Year 6 – Online Bullying (2 of 2) – Explains reporting processes for different online services</p> |

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| Health, Wellbeing and Lifestyle | <p>Year 5 – Health, Well-being and Lifestyle (1 of 4) – Highlights risks such as eye strain, posture issues, and lack of sleep due to excessive screen time</p> <p>Year 5 – Health, Well-being and Lifestyle (2 of 4) – Explains safety measures, including managing online content exposure and responsible technology habits</p> <p>Year 5 – Health, Well-being and Lifestyle (4 of 4) – Describes the importance of seeking permission before making in-app purchases and setting spending limits</p> | <p>Year 6 – Health, Well-being and Lifestyle (1 of 4) – Covers the risks of ignoring content rating systems and the potential negative effects on mood and behaviour</p> <p>Year 6 – Health, Well-being and Lifestyle (2 of 4) – Identifies the impact of excessive screen time on social interactions, well-being, and sleep</p> <p>Year 6 – Health, Well-being and Lifestyle (4 of 4) – Discusses how to balance technology use with physical health, posture, and diet</p> |
| Privacy and Security | <p>Year 5 – Privacy and Security (1 of 3) – Explains what a strong password is and demonstrates how to create one</p> | <p>Year 6 – Privacy and Security (1 of 6) – Describes effective ways to manage passwords securely</p> <p>Year 6 – Privacy and Security (2 of 6) – Explains what to do if a password is shared, lost, or stolen</p> <p>Year 6 – Privacy and Security (3 of 6) – Discusses the importance of updating software and apps for security purposes</p> |

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| Managing Online Information | <p>Year 5 – Managing Online Information (4 of 9) – Explains key concepts such as fact, opinion, belief, validity, and reliability</p> <p>Year 5 – Managing Online Information (5 of 9) – Describes how websites use pop-ups, targeted ads, and clickbait to attract users</p> <p>Year 5 – Managing Online Information (8 of 9) – Discusses the impact of fake news on emotions and decision-making</p> <p>Year 5 – Managing Online Information (9 of 9) – Explains hoaxes, their impact, and the importance of verifying information before sharing</p> | <p>Year 6 – Managing Online Information (4 of 11) – Discusses how misinformation and viral content can impact people’s perceptions</p> <p>Year 6 – Managing Online Information (5 of 11) – Highlights targeted advertising and how personal data is used for persuasion</p> <p>Year 6 – Managing Online Information (6 of 11) – Covers persuasive design techniques such as notifications and gamification</p> <p>Year 6 – Managing Online Information (7 of 11) – Covers verifying content with evidence and sources</p> <p>Year 6 – Managing Online Information (10 of 11) – Discusses viral spread of misinformation and the role of different news sources</p> <p>Year 6 – Managing Online Information (11 of 11) – Teaches how to flag and report inappropriate content</p> |
| Copyright and Ownership | <p>Year 5 – Copyright and Ownership (1 of 2) – Discusses Creative Commons licensing and legal restrictions on using copyrighted content</p> | <p>Year 6 – Copyright and Ownership (2 of 2) – Explains best practices for citing and crediting content creators</p> |

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