

PE Long Term Plan



		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	
<u>Underlined = Lesson One</u> <i>Italic = Lesson Two</i>								
Acorns	EYFS	EYFS Me and myself Reception Forest school	EYFS Movement and development EYFS Dance	EYFS Throwing and catching EYFS fitness	EYFS Ball skills EYFS Dance	EYFS Fun and games Reception Forest school	EYFS Working with others EYFS Fitness	
	Cycle A	<u>Yr 1 & 2 Forest school</u>	<u>Football 1</u>	<u>Tennis 1</u>	<u>Dodgeball 1</u>	<u>Football repeated</u>	<u>Orienteering 1</u>	
		<i>Gymnastics 1</i>	<i>Dance 1</i>	<i>Fitness 1</i>	<i>Hockey 1</i>	<i>Cricket 1</i>	<i>Athletics 1</i>	
	Cycle B	<u>Yr 1 & 2 Forest school</u>	<u>Football 2</u>	<u>Fitness 2</u>	<u>Athletics 2</u>	<u>Hockey 2</u>	<u>Cricket 2</u>	
		<i>Dodgeball 2</i>	<i>Dance 2</i>	<i>Gymnastics 2</i>	<u>Dodgeball repeated</u>	<i>Orienteering 2</i>	<i>Tennis 2</i>	
	Sapling	Cycle A	<u>Games</u> <i>(Invasion - Football 3)</i>	<u>Yr 3 & 4 Forest school</u>	<u>Fitness 3</u>	<u>Games</u> <i>(Invasion - Netball 3)</i>	<u>Games</u> <i>(Target games - Dodgeball)</i>	<u>Games</u> <i>(Striking & Fielding - Cricket)</i>
<i>Games</i> <i>(Invasion - Hockey)</i>			<i>Dance 3</i>	<i>Gymnastics 3</i>	<i>Games</i> <i>(Invasion - Tag rugby)</i>	<i>OAA 3</i>	<i>Athletics 3</i>	
Cycle B		<u>Games</u> <i>(Net & Wall - Tennis)</i>	<u>Yr 3 & 4 Forest school</u>	<u>Dance 4</u>	<u>Games</u> <i>(Invasion - Football 4)</i>	<u>Games</u> <i>(Invasion - Basketball)</i>	<u>Games</u> <i>(Striking & Fielding - Rounders)</i>	
		<i>Games</i> <i>(Invasion - Netball 4)</i>	<i>Games</i> <i>(Invasion - Handball)</i>	<i>Gymnastics 4</i>	<i>Fitness 4</i>	<i>OAA 4</i>	<i>Athletics 4</i>	
Oak		Cycle A	<u>Games</u> <i>(Invasion - Tag rugby)</i>	<u>Fitness 5 & 6</u>	<u>Yr 5 & 6 Forest school</u>	<u>Games</u> <i>(Invasion - Football)</i>	<u>Athletics 5 & 6</u>	<i>Games</i> <i>(Striking & Fielding - Rounders 5)</i>
			<i>Games</i> <i>(Net and Wall - Volleyball)</i>	<i>Gymnastics 5</i>	<i>Dance 5</i>	<i>Games</i> <i>(Net & Wall - Badminton)</i>	<i>Games</i> <i>(Invasion - Hockey)</i>	<i>Games</i> <i>(Striking & Fielding - Cricket 5)</i>
	Cycle B	<u>Games</u> <i>(Invasion - Netball)</i>	<u>Dance 6</u>	<u>Yr 5 & 6 Forest school</u>	<u>Games</u> <i>(Target games - Dodgeball)</i>	<u>OAA 5 & 6</u>	<u>Games</u> <i>(Striking & Fielding - Rounders 6)</i>	
		<i>Games</i> <i>(Invasion - Basketball)</i>	<i>Games</i> <i>(Net & Wall games - Volleyball)</i>	<i>Gymnastics 6</i>	<i>Games</i> <i>(Invasion games - Handball)</i>	<i>Games</i> <i>(Net & Wall - Tennis)</i>	<i>Games</i> <i>(Striking & Fielding - Rounders 6)</i>	